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**COME JOIN US  
 AT THE BEACH!!**

**THE DELAWARE PSYCHOLOGICAL ASSOCIATION PROUDLY PRESENTS**

**W. DOUGLAS TYNAN, PH.D., ABPP,  
 KENT A. CORSO, PSY.D., BCBA-D, AND  
 A PANEL OF SPECIALISTS**

**Integrating Behavioral Health and Primary Care:  
 The Business Case, the Skills Needed, and  
 the Future**

**Friday, October 23  
 Saturday, October 24, 2015**

**The Atlantic Sands Hotel &  
 Conference Center  
 101 North Boardwalk  
 Rehoboth Beach, Delaware**

**Friday Workshop – 6 CE Credits  
 Saturday Workshop – 3 CE Credits**



**Integrating Behavioral Health and  
 Primary Care: The Business Case,  
 the Skills Needed, and the Future**

Presented by: W. Douglas Tynan, Ph.D., ABPP  
 Kent A. Corso, Psy.D., BCBA-D

**Friday, October 23 and Saturday, October 24, 2015**



A major driving force in the overhaul of the U.S. health care system is coordination of all care provided, including mental health services, in order to reduce duplicated tests, uncoordinated prescriptions, and costs; and to improve communication between all health professionals, to provide better patient care and increase patient satisfaction.

**FRIDAY PROGRAM DESCRIPTION**

This six-hour program, presented by Drs. Doug Tynan and Kent Corso, with panelists Drs. Vanessa L. Downing, Julia E. Price, and Scott D. Siegel will focus on the relationship between physical and mental health; the importance of coordinating care; the different models of coordinating care; funding and payment for services; and specific examples and evidence in four specialty care settings.

**Learning Objectives for Friday**

Upon completion of this 6 CE credit workshop, participants will be able to:

- Explain how the therapeutic lifestyle changes needed to improve physical health are the same as those needed for mental health;
- Analyze the reasons integrated models deliver superior patient outcomes compared to traditional carve out/referral models;
- Identify the link between proposed funding systems, health care delivery improvements and psychologists' fees;
- Explain the differences in patient experience and practice management between coordinated, co-located, and integrated care settings;
- Analyze an ethical concern and its resolution in an integrated behavioral health care setting;
- Evaluate the role of psychologists on patient outcome and cost data in four integrated specialty care settings.

**SATURDAY PROGRAM DESCRIPTION**

This three-hour program, presented by Drs. Doug Tynan and Kent Corso, will address essential skills for assessment and delivering interventions in primary care behavioral health with specific examples of interventions with parents to help children.

**Learning Objectives for Saturday**

Upon completion of this 3 CE credit workshop, participants will be able to:

- Categorize which clinical behaviors would be considered the primary as opposed to specialty level of behavioral health care;
- Implement key questions and advice for an assessment of and intervention for common behavior problems in children;
- Identify resources for pediatric interventions.

The Delaware Psychological Association is approved by the American Psychological Association to sponsor continuing education programs for psychologists. The Delaware Psychological Association maintains responsibility for this program and its content.

IMPORTANT NOTICE: THOSE WHO ATTEND THE WORKSHOPS AND COMPLETE THE EVALUATION FORM WILL RECEIVE CONTINUING EDUCATION CREDITS. APA RULES REQUIRE THAT WE ONLY GIVE CREDIT TO THOSE WHO ATTEND THE ENTIRE WORKSHOP. THOSE ARRIVING MORE THAN 15 MINUTES AFTER THE SCHEDULED START TIME OR LEAVING BEFORE THE WORKSHOP IS COMPLETE WILL NOT RECEIVE CE CREDITS.

## ABOUT THE PRESENTER



**W. Douglas Tynan, Ph.D., ABPP**, Director of Integrated Health Care, American Psychological Association; Professor of Pediatrics, Thomas Jefferson University. Board Certified in Clinical Health Psychology, Dr. Tynan has had a long career working in health care settings. Following graduate school at Binghamton University, he went on to develop team programs at Cumberland Hospital, a children's rehabilitation hospital, then a second program at Children's National Medical Center that reduced readmissions for children with Type I diabetes by 60% over five years. He developed co-located health and mental health programs in pediatric clinics in medically underserved areas in Delaware. He also implemented effective evidence-based group programs for parents and children with ADHD and oppositional defiant behaviors that have been successfully used for over 25 years. He has served as a consultant for Head Start on a national level. He serves on the Editorial Board of Population Health Management, and is a reviewer or editor on five other medical and psychology journals. A Professor of Pediatrics at Jefferson Medical College, his interests are primarily in the coordination of health, mental health, education and social services to serve families more effectively and efficiently to address the needs of patients of all ages.

## PROGRAM SCHEDULE

*Swan Ballroom – 3rd Floor*

### Friday, October 23, 2015

8 to 9 am	Registration and continental breakfast
9 to 12 pm	Morning Program
12 to 1:30 pm	Lunch ( <i>Atlantic Boardwalk Grille</i> )
1:30 to 5 pm	Afternoon Program
6 to 7 pm	Student Poster Session, Cash Bar, browse exhibits & auction items
7 to 9 pm	Dinner & Silent Auction

### Saturday, October 24, 2015

7:30 to 8:30 am	Registration and continental breakfast
8 to 9 am	DPA Annual Meeting ( <i>Members only</i> )
9 to 12:15 pm	Morning Program

## ABOUT THE PRESENTER



**Kent A. Corso, Psy.D., BCBA-D**, President, NCR Behavioral Health. Dr. Corso is an international consultant and speaker for primary care behavioral health. Since 2009, he has been the president of NCR Behavioral Health, a consulting group that leads hospitals, private practices, healthcare organizations, and corporate wellness programs to develop and sustain cost-saving, quality-enhancing integrated behavioral health programs that utilize population health principles and cutting-edge practice models which yield improved health for its patients and a return on investment for the system. Dr. Corso is a clinical health psychologist and board certified behavior analyst. He is a prior U.S. Air Force officer and an OEF veteran. He brings over 15 years of experience in teaching and training in university and military medical settings. Over the last several years his clinical practice and research has been conducted on population health models of implementing behavioral healthcare – models focused on chronic diseases and mental health difficulties. Dr. Corso is the lead author of *Integrating Behavioral Health into the Medical Home: A Rapid Implementation Guide*, a new book from Greenbranch Publishing that will be published later this year. His expertise in this area makes him one of less than a dozen experts in this subject matter in America.

## PANELISTS

**Vanessa L. Downing, Ph.D.**, is a licensed psychologist in the Christiana Care Center for Heart & Vascular Health where she helps patients cope with chronic illness and living with mechanical heart pumps.

**Julia E. Price, Ph.D.**, is a licensed pediatric psychologist at Nemours/Alfred I. DuPont Hospital for Children and an Assistant Professor of Pediatrics at Sidney Kimmel Medical College at Thomas Jefferson University.

**Scott D. Siegel, Ph.D.**, is a licensed psychologist and the Director of Psychosocial Oncology & Survivorship at the Helen F. Graham Cancer Center & Research Institute where he facilitates adjustment to cancer diagnosis.

# DPA CONVENTION REGISTRATION - 2015

Join Your COLLEAGUES IN REHOBOTH BEACH – OCTOBER 23 & 24, 2015

(See "TWO EASY WAYS TO REGISTER" below)

NAME (AS IT SHOULD APPEAR ON NAME TAG)

DEGREE/POSITION TITLE

MAILING ADDRESS

E-MAIL ADDRESS

CITY, STATE, ZIP CODE

PHONE NUMBER

## REGISTRATION FEES

	DPA Member	Non-Member	Student
<input type="checkbox"/> <b>Full Conference Package (9 CE Credits)</b> INCLUDES PROGRAM ON BOTH DAYS, CONTINENTAL BREAKFASTS, LUNCH AND DINNER ON FRIDAY ADD FRIDAY DINNER FOR MY GUEST(S) @ \$50 PER PERSON	<b>\$225.</b> \$ _____	<b>\$290.</b> \$ _____	<b>\$110.</b> \$ _____
<input type="checkbox"/> <b>Friday Only – Full Day (6 CE Credits)</b> INCLUDES FRIDAY PROGRAM, CONTINENTAL BREAKFAST, AND LUNCH ADD FRIDAY DINNER(S) FOR MYSELF/GUEST @ \$50 PER PERSON	<b>\$170.</b> \$ _____	<b>\$215.</b> \$ _____	<b>\$75.</b> \$ _____
<input type="checkbox"/> <b>Saturday Only – Half Day (3 CE Credits)</b> ADD FRIDAY DINNER(S) FOR MYSELF/GUEST @ \$50 PER PERSON	<b>\$75.</b> \$ _____	<b>\$95.</b> \$ _____	<b>\$40.</b> \$ _____
<b>TOTAL</b>	\$ _____	\$ _____	\$ _____

Special dietary requests: \_\_\_\_\_

## TWO EASY WAYS TO REGISTER!!

- REGISTER ONLINE AT [WWW.DEPSYCH.ORG](http://WWW.DEPSYCH.ORG)
- COMPLETE AND MAIL REGISTRATION FORM with your check, MasterCard, Visa or American Express number to: Delaware Psychological Association  
P. O. Box 718, Claymont, DE 19703-0718  
PLEASE MAKE CHECKS PAYABLE TO DPA

CREDIT CARD #

EXPIRATION DATE:

CV CODE (ON BACK OF CARD)

TODAY'S DATE:

MASTERCARD     VISA     AMERICAN EXPRESS

SIGNATURE

## HOTEL ACCOMMODATIONS

Hotel accommodations for the 2015 DPA Convention are being provided by:

**Atlantic Sands Hotel and Conference Center**  
101 North Boardwalk  
Rehoboth Beach, DE 19971  
[www.atlanticsandshotel.com](http://www.atlanticsandshotel.com)

For reservations, call 1-800-422-0600.

To reserve a room contact the hotel directly no later than September 22, 2015 and refer to Delaware Psychological Association block #7718. Specific room types (king or two-bedded) can be requested (but not guaranteed) at the time of the reservation. The hotel is a smoke-free facility.

**DPA Convention Room Rates:**  
**\$130.00 Single/Double Occupancy**

The above rates are based on single or double occupancy and are subject to an 8% hotel occupancy tax. All reservations must be guaranteed. Individuals will be asked to provide a one night's room and tax deposit in order to guarantee a reservation. Deposits may be made by cash, check or major credit card.